
THE LINK



DISTRICT 52 & YOU

Volume 11, Issue 7

July 2011

“The Triple Filter Test”

In Ancient Greece, Socrates was reputed to hold knowledge in high esteem. One day an acquaintance met the great philosopher and said, “Do you know what I just heard about your friend?”

“Hold on a minute,” Socrates replied. “Before telling me anything I’d like you to pass a little test. It’s called the Triple Filter Test.”

“Triple filter?”

“That’s right,” Socrates continued. “Before you talk to me about my friend it might be a good idea to take a moment and filter what you’re going to say. That’s why I call it the triple filter test. The first filter is Truth. Have you made absolutely sure that what you are about to tell me is true?”

“No,” the man said, “actually I just heard about it and...”

“All right,” said Socrates. “So you don’t really know if it’s true or not. Now let’s try the second filter, the filter of Goodness. Is what you are about to tell me about my friend something good?”

“No, on the contrary...”

“So,” Socrates continued, “you want to tell me something bad about him, but you’re not certain it’s true. You may still pass the test though, because there’s one filter left: the filter of Usefulness. Is what you want to tell me about my friend going to be useful to me?”

“No, not really.”

“Well,” concluded Socrates. “If what you want to tell me is neither true nor good nor even useful, why tell it to me at all?”

This is why Socrates was a great philosopher and held in such high esteem.

.....
: **CALLING ALL MEN!!!** CORRECTIONS COMMITTEE needs more
: male help. Please call Andrea at 708-262-9879
:

The Link needs YOU!!
Share your experience, strength and hope with the newcomer and/or still suffering alcoholic. Give it to one of the newsletter committee members listed on the back, or mail it to:
District 52, PO Box 265, Bradley IL 60915
Answering Service: 1-815-939-4996 District 52 AA Website: www.aa-kankakee.org
NIA AA Website: www.aa-nia.org E-mail the Editor Dawn M: d52-thelink@aa-kankakee.org

A STEPPING EXTRAVAGANZA & SPEAKER EVENT

Hosted by Friends in Recovery

SATURDAY, JULY 23RD AT THE ALANO CLUB; DOORS OPEN AT 6:00 P.M.

FOOD, FUN, LIVE D.J.

SPEAKER: JOSEPH B.

Contact Tonya R. or Andrea M. at 815-573-6515 for more info.

Come for a night of food, fun & fellowship at the...



Annual Clifton Pool Party



Saturday, August 13th

Dinner 5pm and swimming 6-8pm

Hamburgers, hot dogs & drinks provided. Please bring a dish to share.

Call Janice T. 815-405-7223 or Gilbert M. 815-666-8673 for more info.

Alcoholics Anonymous

Step 7: Humbly asked Him to remove our shortcomings.

Tradition 7: Every AA group ought to be fully self-supporting, declining outside contributions.

Concept 7: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the AA purse for final effectiveness.

7th Step Prayer: My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you & my fellows. Grant me strength as I go out from here to do your bidding.

~Reprinted with permission of A.A. World Services, Inc

July Anniversaries

John M.—36 years

Gene K.—28 years

Dale S.—24 years

Bob K.—20 years

DeeDee—20 years

Lu C.—18 years

Gus R.—9 years

Jim C.—5 years



Pat L.—5 years

Rob W.—4 years

Dan C.—4 years

If you would like to announce your anniversary, please email Dawn at d52-thelink@aa-kankakee.org with your sobriety month/year so we can post it here.

Along Spiritual Lines...

GRACE

Only grace can wash away our anger, bitterness, sadness, or mistakes we regret, which no longer serve our soul. With grace and gratitude we dry our clean hands and realize the slate can be as clean as we allow it to be. With soft hands we feel our grace. Only grace can soften our hearts and heal the harshness of our words that may have been misspoken. With grace and gratitude we can nurture ourselves and others with a kindness and a song that is forever remembered.

~anonymous AA friend



Primary Purpose Annual Canoe Trip & Picnic

Saturday, July 23rd

Boaters meet at Reed's Rent-all, 9 a.m. for a day on the water going 6 miles downstream

Picnic starts at 4 p.m., Legion Park, Kankakee

Purchase your food tickets now at only \$5.00 each

Canoe \$54, double kayak \$64, single kayak \$34. Discount if 6 canoes are rented.

***Canoe deposits of \$10 MUST be made at Reed's Rent-all ASAP.** Be sure to say you are with Primary Purpose Group to get the discount!

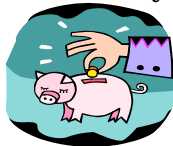
For more info call Steve K. 815-214-7063 or Dawn M. 941-855-0277

District 52 7th Tradition

District Finances as of June 16, 2011:

Account Balance	\$ 3007.79
Prudent Reserve	\$2000.00
Above Prudent Reserve	\$1007.79
Monthly 7 th Tradition from groups	\$ 79.00*
Monthly Expenses	\$ 226.95**
Cash flow/month	\$ -129.95
Ending Balance	\$ 2877.84

*Thanks to **S.O.S.** for your contribution



**District 52 provides printed meeting schedules, our monthly newsletter, "The Link," the answering service, public information literature for the still suffering alcoholic at places such as the courthouse, jails and treatment centers, and they host four workshops per year. The GSR and committee chairs decide where and when the money is spent.

*50% of Groups **DO NOT** contribute to our effort...does yours?

Not a Glum Lot



Jack wakes up with a horrible hangover and a throbbing black eye. The first thing he sees is a single rose on the side table and a note from his wife: "Dear, Breakfast is ready. I've gone shopping to make you your favorite dinner tonight. I love you!"

He stumbles to the kitchen, and sure enough, there's breakfast. "Joe," he says to his son, "What happened last night?"

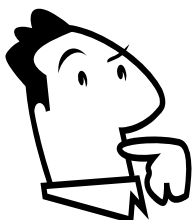
"You came home soused and got that black eye tripping over a chair."

"So why the rose, breakfast, and sweet note from your mother?"

"Oh, *that*. Mom dragged you to the bedroom, and when she tried to take off your clothes, you screamed, 'Leave me alone. I'm married!'"

Reader's Digest, Feb., 2011, Laugh! :)

Quotes to Ponder...



Painful as this time is, you will one day see the reason for it. Not cruel testing but tender preparation for the wonderful work you are to do.

Prayer is not asking for what you think you want, but asking to be changed in ways you can't imagine.

~Kathleen Norris

Being deeply loved by someone gives you strength; loving someone deeply gives you courage.

~Lao-Tzu

Mark Your Calendars

Saturday Euchre Club at the Alano Club, be there before 3:30 p.m., \$6.00 per person.

July 5th Spring Conference Planning Meeting, Alano Club, 7:30 p.m. WE NEED YOUR SUPPORT!

July 10th Al-Anon Annual Picnic/Potluck, Lil's Park, noon.

July 16th Alano Club Fundraiser Open House, 12:30-2:30; hot dogs, chips served. Raffle \$1 each or 6/\$5; 1st prize \$500, 2nd prize \$250, 3rd prize \$100.

July 21st District 52 GSR & Trustee Meeting 6:30 p.m. Johnson Lecture Hall, Riverside Hospital. Call Brial L. at 815-685-5283 for more details.

July 23rd Primary Purpose Annual Canoe Trip & Picnic. Canoe trip starts 9 am at Reeds, picnic 4 pm at Legion Park in Kankakee. Canoe deposit of \$10 must be made to Reed's ASAP. Food tickets \$5. Call Steve K. 815-214-7063 or Dawn M. 941-855-0277. More info in Link newsletter article.

July 23rd Friends In Recovery Presents: A Stepping Extravaganza & Speaker Event featuring food, fun & live DJ; Alano Club, 6 p.m. More info: Tonya R. or Andrea M. 815-573-6515.

July 22-24th East Central Regional Conference, Columbus, IN.

July 31st Mini Conference planning meeting, Alano Club, 5:00 p.m.

Future Events

Aug. 5-7th IL State 2011 Conference, Holiday Inn North Shore, Skokie, IL.

Aug. 13th Summer Committee Meeting, Lord of Life Church, La Fox, IL, District 11 hosting.

Aug. 13th Annual Clifton Pool Party, Dinner 5pm, swimming 6-8pm. Hot dogs, burgers & drinks provided, please bring a side dish to share. Call Janice T. 815-405-7223 or Gilbert M. 815-666-8673.

Aug. 27th 33rd Annual Unity Newsletter Banquet, 4-8 p.m., Ingalls Park A.C., Joliet; AA Speaker Kelly H. Tickets \$25, contact Vonnie T. 815-641-7742, Carl P. 815-723-2819, Emmie O. 815-744-1390.

Aug. 28th Annual Golf Outing, \$40 for golf, golf cart & food; \$5.00 for food and fellowship. Purchase tickets now. Donations are needed for prizes: Contact Joe R. at 708-906-4751 or jreising1@sbcglobal.net

Sept. 4th SOS & Dan P.'s 3rd Annual Sober Friends Picnic, 1 p.m., brings chairs & a dish.

Sept. 11th 911 Feed Your Face Occurrence, Lil's Park, 11 a.m. until ?

Sept. 17th Fall Assembly, Faith Walk Outreach Center, Silvis, District 90 hosting.

Oct. 22nd Fall Committee Meeting, Lord of Life Church, La Fox, IL, District 79 hosting.

For more information go to www.aa-nia.org/events.html

The Kankakee AA Website has events, meetings and other information listed at:

<http://aa-kankakee.org/calendar.html>

Meetings that need you:

- **Monday** Freedom to Live at the Salvation Army at 6:30p.m.
- **Tuesday** Lost Sheep Group 12 noon at Church of Good Shepherd, 2nd and Locust, Momence.
- **Tuesday** Back on Track 4:15 at Mt. Olive MB Church, 650 Fairview, Bradley (behind Bill's Diner)
- **Thursday** Lost Sheep Group 12 noon at Church of Good Shepherd, 2nd and Locust, Momence.
- **Thursday** Big Book Study, 8 p.m. Alano Club, 1245 E. River St., Kankakee.
- **Saturday** As Bill Sees It, 9:00 p.m. United Methodist Church, 2nd Street, Manteno.
- **Sunday (every other: 7/10, 7/24)** Kankakee Terrace Disc. Mtg, 6:30 p.m.
- **Sunday** Sunday Night Open, 8 p.m. Discussion, Alano Club, 1245 E. River St., Kankakee

Disclaimer: The newsletter committee apologizes for any past and present mistakes in the newsletter. The articles in the newsletter are the opinions of the authors and not the newsletter committee, District 52, Area 20, or Alcoholics Anonymous General Service Office.

The newsletter committee: Dawn M. -- Heather S., Paula J.